



Teen Intervention Program

The Teen Intervention Program [TIP] is designed to help adolescents unlearn their substance use patterns and to address some family and social factors that contribute to their use. Adolescents experience peer pressure and other cues every day that trigger cravings and thoughts about using. The TIP teaches adolescents skills to abstain from substance use in these situations and thus break the association between substance use and the many cues associated with that use. Consistent with conditioning theory, if adolescents successfully resist using substances in these situations, conditioned withdrawal, craving and/or thoughts about using will reduce and ultimately extinguish over time. This is a program based on the Teen Matrix program from Hazelden.

TEEN INTERVENTION PROGRAM HIGHLIGHTS

- Adolescent Outpatient program with 2x weekly sessions for 2 hours and 1x monthly sessions for one hour
- 90 day program in lieu of probation and/or suspension or expulsion from school to keep adolescent in school
- 3 Random Urine Drug Screens while in treatment
- Curriculum is based on the Teen Matrix Program from Hazelden
- Teens will need to meet the education or abuse criteria for treatment
- A family session with the teen's main support system must occur before the individual can complete treatment
- Focus is on Cognitive Behavioral Therapy and Motivational Interviewing techniques during group and individual sessions
- Teen will maintain high attendance rate to ensure client absorbs all material
- Teen and parent will need to sign a release in order to relay information to schools/probation departments

WE OFFER GROUPS & COUNSELING FOR TEENS AT OUR HAMILTON AND MIDDLETOWN LOCATIONS.
TO REFER CONTACT (513) 424-0921 ext. 25

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